

## Celebrating our new Life Members

We were honoured to be able to present our new Life Members with a special Award on Monday 18 December.

Gail Ransley, Margo Lowe and Dorothy (Dot) Phillips were rewarded for their years of volunteering, both on the 'front line' and on the Board.

These wonderful ladies are a great representation of the hours of dedication and service that volunteers provide to Meals on Wheels Central Coast.

We thank our newest Life Members for their tireless efforts over the years.

Pictured from Left to Right: Dennis Taylor, CEO; Gail Ransley, Margo Lowe, Ron Thomsen, Chairperson; Dorothy Phillips (seated)

## Sydney Trains Corporate Volunteer Day

We were lucky enough to have Sydney Trains visit us on Friday 8 December for their annual volunteer day. Not only did they have the barbecue sizzling, but our willing helpers also made like Elves and put together around 700 Christmas goodie bags for our clients. Some lucky helpers also got first hand experience out on delivery runs with some of our established volunteers.

The Tuggerah Delivery Centre was buzzing, and we look forward to working with Sydney Trains again next year.





# 2017 Highlights



Elvis came, shook his thang at not one, but two of our Community Restaurants. He brought joy to our Woy Woy and Bateau Bay clients (and staff & volunteers), and rocked the Restaurant! For videos of Elvis' (aka Steve Black's) performance, head to our Facebook page (Meals on Wheels Central Coast)

We took our valued volunteer Mike Baker on air at 92.5 ABC Central Coast Radio this year. Mike had a great chat with presenter Scott Levi about the joys of volunteering, and building relationships with clients.



Mike Baker and Scott Levi

Fire & Rescue Bateau Bay visited our Community Restaurant at Tuggerah Lakes Community Centre on 16 November.

Fire safety is so important, and our clients learnt about checking smoke alarms, what to do in the case of a fire, as well gained safety tips for around the home.

To top it all off, each of our lucky Community Restaurant goers were gifted with a special cooking spoon!



## Meet Harvey - Our New Super Star!



Meet Harvey, Meals on Wheels Central Coast's new Super Star!

Harvey stars in our new promotional YouTube clip for our wonderful Furry Friends Program.

Furry Friends is very close to our hearts, and we picked up an Innovation Award for this Program from Meals on Wheels NSW earlier this year.

Through our Furry Friends Program, clients can get pet food (for dogs and cats) delivered straight to their door. All worries about parking and lugging pet food around are gone!

For more information about Furry Friends, and to watch the YouTube clip, head to our webpage [www.ccmow.com.au/furry-friends-program/](http://www.ccmow.com.au/furry-friends-program/)

## Christmas Closure



All Meals on Wheels Central Coast outlets will be closed from 1pm Friday 22 December and will reopen on Wednesday 27 December. Please note that there will be no meal deliveries on scheduled Public Holidays (Monday 25 December, Tuesday 26 December, Monday 1 January).

Wishing everyone a safe and happy Christmas and New Year.

## Thank you!

Thank you for all that you do for us!

For more highlights from the year, you can find us on:

### Facebook

[www.facebook.com/mowcentralcoast/](https://www.facebook.com/mowcentralcoast/)

### Instagram

[www.instagram.com/mealsonwheelscccoast/](https://www.instagram.com/mealsonwheelscccoast/)

