

It's been an extremely productive year here at Meals on Wheels Central Coast and we are pleased that we've been able to continue to offer you our range of services that include meal delivery, Community Restaurants, flexible food program, shopping buses and our Plates for Mates lunches. We will continue to offer our range of meal choices and to give you the best service we possibly can.

We wish you, your families, and your carers, all the very best for a Merry Christmas and a Happy New Year.

We look forward to being of service to you in 2020.

All the best

Dennis Taylor
Chief Executive Officer



Meals on Wheels
Central Coast

Bringing the Joy of Food this Christmas!



Roast Turkey with Gravy, Roast Potatoes, Vegetables & Cranberry Sauce

\$6.00
Code: 130-05



Christmas Pudding with Custard

\$3.00
Code: 130-06

Christmas meals available from Monday 25 November!

Limited stock available.

Budgewoi: 4357 8417
Green Point: 4363 7111
The Entrance: 4357 8444
Woy Woy: 4341 6699

Don't miss out, order now!

NDIS and Home Care Package clients will be charged as per their normal package rate



Meals on Wheels
Central Coast

Christmas Orders, Deliveries & Office Closure

All Meals on Wheels Central Coast outlets will be closed from **2pm Tuesday 24 December** and will reopen on **Friday 27 December**. Please note that there will be no meal deliveries on scheduled Public Holidays (Wednesday 25 December, Thursday 26 December, Wednesday 1 January).

Order Schedule: Christmas & New Year

Ordering Date	Delivery Date
Wednesday 18 December 2019	Monday 23 December 2019
Thursday 19 December 2019	Tuesday 24 December 2019
Friday 20 December 2019	Friday 27 December 2019
Monday 23 & Tuesday 24 December 2019 (before 2pm)	Monday 30 December 2019
Friday 27 December 2019	Tuesday 31 December 2019
Monday 30 December 2019	Friday 3 January 2020
Tuesday 31 December 2019	Monday 6 January 2020
Thursday 2 January 2020	Tuesday 7 January 2020

Complaints Procedure

Meals on Wheels Central Coast welcomes all feedback, positive or negative. As a client, you have the right to provide feedback and to make a complaint. You can do so by calling Head Office on 4357 8444 or by giving your written feedback to a volunteer in a sealed envelope.

Freezers for Loan



Campbell and Josh, with client Sandra.

Did you know that we have freezers available for short term loan in case of emergencies?

If your freezer stops working suddenly and you are unable to replace it straight away, then please contact us on 4357 8444 or admin@ccmow.com.au and we can have a chat about how we can assist.

Thank You!

We'd like to say a big thank you to all of our clients who took the time to complete our Client Survey Forms.

The results are in and we are very happy to say that we continue to provide a quality service.

If you would like a copy of the results, please email leesao@ccmow.com.au or call 4357 8444.

Support for the Rural Fire Service

We love being able to support our community, and recently we were able to support the Rural Fire Service via some donations.

Over the past couple of weeks, we have been able to donate meals to the Gosford Rural Fire Service Catering Unit at Kariong. We have also donated \$2,000 to Meals on Wheels at Dubbo who will forward this money on to the RFS in their area to give much needed assistance to those out West.

The RFS do an amazing job and we appreciate all that they do. We are so glad that we could help in some small way to assist this hard working organisation.



Ron Thomsen, Chair, MOWCC with Peter English, Service Manager, Meals on Wheels Dubbo

Do you have family or friends who would appreciate no fuss meal times? Coast Cuisine offer free delivery of pre prepared meals from one end of the Central Coast to the other. Convenient, easy, and delicious.

All proceeds support Meals on Wheels Central Coast, so they're not only making meal times quick and easy, they're helping locals in need!

Spread the word about Coast Cuisine today. No contracts or referrals by My Aged Care or NDIS required.



coastcuisine.com.au

Facebook

www.facebook.com/mowcentralcoast/

Instagram

www.instagram.com/mealsonwheelsccoast/