

We are having an Open Day and would love your help to spread the word! If you have friends or family you think could benefit from our service, then please let them know about this event.

Our Open Day will be held on Thursday 27 February at our Head Office at Unit 6, 10 Pioneer Avenue, Tuggerah. We will have meals available for tasting along with staff on hand to answer questions about our services.

Taste our meals



Social Support Info

FREE OPEN DAY

Find out about our great range of services

Thursday 27 February 2020
10am to 12pm

Meals on Wheels Central Coast
Unit 6, 10 Pioneer Avenue, Tuggerah

Register your interest to attend

4357 8444 | marketing@ccmow.com.au

More than just a meal



MOWCC, NDIS & HCP Menu info



COAST CUISINE
In support of Meals on Wheels Central Coast

Proudly supported by



Flagstaff
FINE FOODS



Meals on Wheels
Central Coast

Regional Seniors Travel Card

The NSW Government has introduced a regional seniors travel card to provide eligible seniors living in regional, rural and remote areas of NSW with a \$250 prepaid card to help ease the cost of travel. The card can be used at certain retailers to pay for pre-booked NSW Trainlink Regional trains and coaches, fuel and taxis.

The travel card is valid for 14 months from the date the card is issued. The expiry date is available on the front of the card. The program is available for a 2-year trial period (2020-2021).

Applications are now open and cards will be distributed from mid-February 2020. Conditions apply. To find out more, contact your local Service NSW outlet or visit service.nsw.gov.au/regionalseiniortravel

Volunteer Coordinator

We are pleased to announce that Amy Baulman has been appointed to the position of Volunteer Coordinator.

Amy has been caretaker in this position since mid last year and we are thrilled that she will now be permanently performing this role.

Amy will continue to look after Coast Cuisine and Furry Friends enquiries.

If you have any queries about volunteering, please contact Amy B on 0419 958 829



Amy Baulman, Volunteer Coordinator, pictured with some of our Post School Options volunteers

Expressions of Interest - CPR Course



We are applying for funding to hold CPR courses for our volunteers in 2020.

If we are able to gain funding and you are interested in participating in these courses, please let Amy B know your interest by emailing volunteer@ccmow.com.au

Thanks to the Australian Government Stronger Communities Programme and Emma McBride MP, Member for Dobell, we have received funding to assist us in the purchase and installation of a generator.

Our new generator, a Himoina HYW-45T5, will support our business in times of planned and unplanned power cuts, minimising inconvenience to our clients and safeguarding our meal stock. This also means that we can provide meals to members of the Central Coast Community in the event of an emergency.



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www.facebook.com/mowcentralcoast/

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