



Volunteer Newsletter | Autumn 2021

RB and Woolworths Initiative

Glen 20 (RB) and Woolworths are assisting us once again! Following their kind donations last year, Glen 20 and Woolworths have partnered to help Meals on Wheels clients.

From 24 March until 4 May, every purchase of a Glen 20 and Pine O Cleen product in Woolworths will help donate up to 50,000 hygiene packs to Meals on Wheels clients across the country.

This is a wonderful initiative, so stock up on your Glen 20 and Pine O Cleen products, knowing that you are helping the more vulnerable members of our community.

The hygiene packs will be available to our existing clients, and will be delivered with regular meal deliveries from early May (or thereabouts).



FREE Older Persons Mental Health First Aid Course

We would like to offer you the opportunity to participate in a FREE Older Persons Mental Health First Aid Course. Over 2 days, you will learn how to assist a person aged 65+ who may be experiencing a mental health problem or mental health crisis.

Facilitated through Parramatta Mission, the next course will be run by an accredited trainer and held at West Gosford (venue to be confirmed).

Monday 12th and Tuesday 13th April

The course will commence at 8.30am and morning tea, lunch, and afternoon tea will be provided. A gift pack will be provided for attending, and you will receive a Certificate of Accreditation and a voucher after successful completion.

Limited spaces are available. Please register at https://www.parramattamission.org.au/opmhfa

Once you've registered, please email Amy, our Volunteer Coordinator, at volunteer@ccmow.com. au to let her know so she can ensure all delivery runs are covered for those days.

This is a great course to do to assist our clients, and we hope that you are able to take up this offer.



Online and Recurring Ordering Options for Clients

Did you know that our clients can save time by using our online and recurring ordering systems? If they have access to the internet, they can **order online** via our Client Login portal on our website. Once we have set them up as an online user, and issued them with login details, clients can access the Client Login portal 24 hours a day, 7 days a week to browse our menu and make meal selections. Online orders need to be placed at least three business days in advance of the expected delivery date.

Recurring orders can also be setup to automatically have meals delivered on the day of choice. Recurring orders can be set up for weekly, fortnightly, three or four weekly delivery, and can be altered at anytime. **If a client is interested in being set up for online or recurring ordering, they just need to let their Client Service Officer know.**

Client and Carer Testimonials

One of the best compliments our clients can give us, is when they recommend us to friends and family. We are currently collecting testimonials and would love to hear from our clients.

If you have a client who loves giving feedback, and you think they may be open to providing us with a testimonial, can you please ask them to fill in the form below, then return it to us.

The testimonials will be used on our website and social media channels, and will only include first names and suburbs. The testimonial can include things such as favourite meals, volunteers who go the extra mile, and the service that they receive. **Please return completed form to your Client Service Officer. Thank you!**

Meals on Wheels Central Coast Testimonial		
Name:	Suburb:	
Testimonial:		

Easter Orders, Deliveries and Closure