

Easter & Anzac Day Orders, Deliveries & Office Closure 2022


Meals on Wheels
Central Coast

All Meals on Wheels Central Coast outlets will be closed from **2pm Thurs 14 April to Mon 18 April** inclusive for the Easter Period, and **Mon 25 April** due to the Anzac Day Public Holiday.

Order Schedule	
Order Date	Earliest Delivery Date
Monday 11 April 2022	Thursday 14 April 2022
Tuesday 12 April 2022	Tuesday 19 April 2022
Wednesday 13 April 2022	Wednesday 20 April 2022
Thursday 14 April 2022	Thursday 21 April 2022
Friday 15 April 2022 (online orders)	Friday 22 April 2021
Monday 18 April 2022 (online orders)	Friday 22 April 2022
Tuesday 19 April 2022	Friday 22 April 2022
Wednesday 20 April 2022	Tuesday 26 April 2022
Thursday 21 April 2022	Wednesday 27 April 2022
Friday 22 April 2022	Thursday 28 April 2022
Monday 25 April 2022 (online orders)	Friday 29 April 2022
Tuesday 26 April	Friday 29 April 2022

Please note: If you normally receive a recurring order, your Client Service Officer will be in contact to arrange a delivery date.



New Menu Items Available Soon!

Our new Menu is due out at the beginning of July, and we will have some tasty new meals for you to try! Included in our new Menu, is our new breakfast range. We'd love you to try some of these meals, and we'll be sending out samples to our clients over coming weeks.



We hope you enjoy these hearty breakfasts, which will be available to order from July.

Home Care Package Meals

Did you know that if you are transferring from the Commonwealth Home Support Program (CHSP) system (where you need a My Aged Care referral) to a Home Care Package (HCP), we can still provide your meals?

Your HCP provider is obligated to offer you a choice of meal providers, and cannot insist that you go with one of their choosing.

You can choose to continue with us with our subsidised Home Care Package menu. For more information, or to obtain a menu, chat to your Client Service Officer or email admin@ccmow.com.au.

Client Stories

Do you have a story about how our service has assisted you that you'd like to share?

We would love to share your stories with our community, so if you are happy to have a chat, please email marketing@ccmow.com.au, and our Marketing Manager Pip will be in touch soon. If you'd prefer to just give us a testimonial, that would also be wonderful! All stories and testimonials will be published on social media.

Your story, no matter how big or small, could help change the lives of many.



Senior's Festival 2022



We had a great time celebrating the NSW Senior's Festival this year, holding Dance for Health classes at our Community Restaurants.

Dance Health Alliance facilitated some wonderful seated dance classes for our clients at our four Community Restaurants. Everyone had a fantastic time, and we look forward to celebrating the NSW Senior's Festival again next year.

Falls Prevention Information

We are happy to be working with Central Coast Local Health District to provide our clients with some information on Falls Prevention.

Information will be provided to clients over the coming months. The first round of information will include a Falls Prevention Checklist and a Medicine Record Card.

Client Surveys

Every year we send out surveys to our clients to gain feedback about our organisation, and to see how we can build on and improve our services.

Client surveys will be making their way to you over the next few weeks, so keep an eye out for these arriving with your meal deliveries. Surveys can be returned by putting them in the envelope provided and handing them to one of our volunteers.

Follow us on
Social Media



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@mealsonwheelsccoast



One Direct Connect