

This year we will be celebrating National Volunteer Week from 16 – 22 May. Because of your commitment to volunteering, we can assist hundreds of members of our community, and for that we say a huge thank you.

The theme this year is Better Together, and that is certainly the case for Meals on Wheels Central Coast. Your dedication is inspiring, and we look forward to celebrating this during National Volunteer Week.

Thank you to all of our volunteers for continuing to support our organisation. You really are the lifeblood of our organisation, and without you, we couldn't assist so many members of our community.

NATIONAL 16-22 MAY 2022
VOLUNTEER
Better Together WEEK

Volunteer Expo Wednesday 25 May



Volunteering Central Coast will be holding their Volunteer Expo on Wednesday 25 May at the Erina Center, Erina Fair, from 10am to 2pm.

If you know of anyone who is interested in volunteering, then this is the place to be. Amy B, our Volunteer Coordinator, will be there to answer questions about volunteering with us.

Local Celebrities

Bing and Hera Chio were thrilled to find themselves featured front and centre on the cover of the latest edition of Meals on Wheels NSW's Wintalyka magazine.

The article in the publication read:

“Hera and Bing have been volunteering with Meals on Wheels Central Coast for 20 years, both delivering meals. A highlight of their time volunteering with Meals on Wheels is in the thank you they receive from the clients. Clients are always happy to see them and quite often say ‘Thank you, you are doing a great job’”.

Thank you Hera and Bing for your many years of service with Meals on Wheels Central Coast.



Thank You to our Photoshoot Stars

Thank you to our volunteers who put their hand up to help out with a MOW NSW photoshoot recently. The images taken will be used for advertising and for marketing material throughout the State, and of course, we'll be utilising them also!

Thanks to Al Wright, Michael and Leilani Salmon, Len Warner, Barry Hyde and Shamus O'Reilly who were absolutely fantastic.

We really appreciate you helping us out with this. Our volunteers and clients alike had a fun time doing this photoshoot, and we look forward to seeing the images soon.

Volunteer Stories

Do you have a story about how volunteering with our service has inspired you or helped you in your life?

We would love to share your stories with our community, so if you are happy to have a chat, please contact our Marketing Manager Pip at marketing@ccmow.com.au or 0447 074 161.

All stories will be published on social media and could be used as a Volunteer Spotlight in our Newsletters. Your story, no matter how big or small, could help change the lives of many.

Volunteers Needed

We are seeking some additional volunteers for the following roles:

Assisted Shopping Program – all outlets

Woy Woy Outlet: Community Restaurant on Fridays

West Gosford: Community Restaurant Yallambee Lodge on Fridays. Either weekly or fortnightly

Assistance with preparation of marketing material and attending community events - Tuggerah

For enquiries regarding these positions, please contact

Amy B via volunteer@ccmow.com.au or 0419 958 829

Work Placement Students Step Up

We have been lucky to have some work placement students from local high schools join us this year. These students have assisted us with duties in the different aspects of our organisation, from office administration, to packing eskies, to going on meal delivery runs.

Thank you to our volunteers who have not only helped show these students the ropes, but have left them with a wonderful insight as to how we assist our community. Thanks to Jaxon, Lucy, and Summer, from MacKillop Catholic College, and Charlize and Noah from Tuggerah Lakes Secondary Campus The Entrance for completing your work placement with us.



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